

Jamie Marich, Ph.D., LPCC-S, LICDC-CS, REAT, RMT
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EDUCATION

Ph.D. in Human Services (Specialization in Counseling Studies) Dissertation- <i>EMDR in the Addiction Continuing Care Process: A Phenomenological Study of Women Treated in Early Recovery</i> Capella University, Minneapolis, MN	2009
M.A. in Counseling The Franciscan University of Steubenville, Steubenville, OH	2005
B.A. in History and American Studies, <i>summa cum laude</i> Youngstown State University, Youngstown, OH	2000
Diploma , the University of Zagreb Summer Language Institute Zagreb, Croatia	1998

SPECIALIZED TRAINING & CERTIFICATIONS

International Expressive Arts Therapy Association (IEATA) Registered Expressive Arts Therapist (REAT)	Granted 6/23/2016
Yoga of 12 Step Recovery Facilitator Training Nikki Myers & Shannon Dakin, Indianapolis, IN	Completed 7/2015
Reiki Master Teacher Training (Usui Shiki Ryoho) Valerie Spitaler, RMT, Reiki Master, Poland, OH	Completed 6/19/2015
StreetYoga Teacher Training StreetYoga, Portland, OR	Completed 7/13/2014
JourneyDance™ Teacher Trainings (Modules 1 & 2) Training Completed at the Kripalu Center for Yoga & Health, Stockbridge, MA	11/11 & 4/12
Certified Rational Living Hypnotherapist Institute for Rational Living, Weirton, WV	7/15/09
Introductory Disaster Thanatology Certificate Thanatological Education and Resource Center, Millington, MD	2/28/09

EMDR Certified Therapist/Approved Consultant/Training Provider
Credentialed through the EMDR International Association, Austin, TX

Expires 9/2019

Eye Movement Desensitization and Reprocessing (EMDR) Therapy Levels I & II

EMDR Institute, Inc., Watsonville, CA

Completed 12/3/2006

COUNSELING EXPERIENCE & INTERNSHIPS

Mindful Ohio & The Institute for Creative Mindfulness (Founder)

2013-

- Clinical provider of mindfulness-informed psychotherapy, EMDR therapy intensives
- EMDR Therapy Basic Training Provider (EMDRRIA-Approved): developed original curriculum compliant with EMDRIA standards, mentoring others in training and implementation of this curriculum; trainings presented in the continental U.S., Puerto Rico, and the United Arab Emirates
- Developed Certificate of Expressive Arts Therapy program that participants working in the helping professions with a Master's degree can use to fulfill their educational requirement for the International Expressive Arts Therapy Association (IEATA) credentials
- Developed and implemented *Healing the Wounded Healers* programs for helping professionals, including individual counseling sessions and group process workshops
- Co-developer and co-facilitator of *Mindfulness Retreats* (2013); moved into role as primary facilitator of expressive arts-inspired retreats in both recovery and wellness in 2015
- Developer of *Dancing Mindfulness*, facilitator of group classes and individual intensives for wellness and/or clinical goals
- Developer of *Dancing Mindfulness* facilitator training intensives; 300+ facilitators trained to date within the U.S., Puerto Rico, and the U.K.
- Developed over 25 original continuing education & training workshops delivered domestically and internationally
- Co-developer of the *Yoga Unchained* approach to trauma-informed recovery and certification program
- Provider of consultation services to other professionals (EMDR therapy, trauma-informed approaches, public speaking/image consulting, *Dancing Mindfulness*)
- Developed a full-scale resources website: www.traumamadesimple.com (contains complimentary videos, recordings, and popular press articles on trauma and recovery issues)

Professional Clinical Counselor 2008- 2013

- Staff Counselor at PsyCare, Inc. (Liberty, OH): Individual treatment and diagnosis of mental and emotional disorders, primarily specializing in the treatment of posttraumatic stress disorder, addictions, and spiritual issues

Counselor (Full-time) 2005-2008
Community Solutions Association, Warren, OH

- Developed and implemented two new treatment programs: Illness Management and Recovery Group for dual diagnosis clients and a 12-step Facilitation Program for clients referred by external sources
- Supervising/mentoring certified chemical dependency counselors and counselor assistants preparing for oral licensure examinations; developed and implemented an original study method
- Introduced EMDR as a treatment modality to the agency in 2006

Primary Care Counselor (Full-time) March-December 2005
Glenbeigh Hospital of Rock Creek, Rock Creek, OH

Intern/ Chemical Dependency Counselor Assistant August-September 2004
Neil Kennedy Recovery Clinic, Youngstown, OH

Intern/ Behavioral Counseling Technician January-August 2004
Belmont Pines Hospital, Liberty, OH

- Developed a feelings group using music as a medium of expression with residential adolescents; directed two summer concerts performed by residents
- Experience implementing various behavioral modification techniques

TEACHING AND COACHING EXPERIENCE

Contributing Teacher
BodyBliss Connection (Howland, OH) 2015-present

Classes taught: *Dancing Mindfulness*

Yoga of 12 Step Recovery

Regular guest teacher on trauma for yoga teacher training program

The Yoga Room (Warren, OH) 2012-2015

Classes taught: *JourneyDance*

Dancing Mindfulness (Creator & Teacher)

Professional Course Developer & Speaker (Continuing Education) 2008-
PESI, Inc.; Eau Claire, WI

Course: *Demystifying EMDR*

Course: *Trained in EMDR...Now What?*

Course: *EMDR & Mindfulness*

Course: *2-Day Trauma Conference on Trauma-Informed Care and Post-Traumatic Growth*
Course: *Trauma and Mindfulness*

CMI Educational Institute; Buffalo, NY/Eau Claire, WI

Course: *Is There Really Such a Thing as Sex Addiction?*
Course: *Trauma & Addiction Interaction*
Course: *Trauma, Addiction, & Grief*
Course: *Addiction Solutions*
Course: *Trauma, PTSD, & Traumatic Grief*
Course: *IATP Trauma Competency Certification, Two Day Course*
Course: *The Latest in Trauma & PTSD Treatments*
Course: *EMDR & Mindfulness*

Contributing Faculty Member

2010-2012

Walden University (Online) Master's in Mental Health Counseling Program; Minneapolis, MN

Course taught: *Interviewing & Observational Strategies*
Course taught: *Substance Abuse Counseling*
Course taught: *Introduction to Mental Health Counseling*
Course taught: *Professional Identity & Ethics*
Course taught: *Techniques in Counseling*
Course taught: *Theories of Counseling*
Course taught: *Trauma, Crisis, & Response*
Course taught: *Diagnosis in Counseling*

Independent Adjunct Instructor

2008-2015

Upper Iowa University; Fayette, IA—Currently inactive

Course taught: *Substance Abuse-Psychology*
Course taught: *Techniques of Counseling*

Ottawa University; Chandler, AZ—Currently inactive

Course taught: *Introduction to Human Services*
Course taught: *Social Policy & the Community*
Course developed & taught: *Theories & Techniques of Human Services I*
Course developed & taught: *Theories & Techniques of Human Services II*

Southern New Hampshire University; Manchester, NH—Currently inactive

Course taught: *Human Development*
Course developed & taught: *Counseling Process & Techniques*
Course developed & taught: *Human Sexuality*
Course development consultant (university-wide): *Human Sexuality (2012)*

University of the Rockies; San Diego, CA—Currently inactive

Course taught: *Mental Health in the Workplace- Master's/Doctoral level*
Course taught: *Family Systems- Master's/Doctoral level*

Project team member: *Faculty Assessment Data*- Fall 2009, Spring 2010

Argosy University (EDMC); Pittsburgh, PA – Currently inactive
Course taught: *Interpersonal Effectiveness*

Axia College (University of Phoenix); Phoenix, AZ – Currently inactive
Course taught: *Cultural Diversity*

Assistant Speech Coach 2008-2011

Howland High School; Howland, OH

- Coached 7 state finalists, 4 national qualifiers, one national finalist, and one individual state champion; coaching staff member on the 2011 State Championship Team
- Coached 4 state finalists and 3 national qualifiers in the 2009-2010 season
- Coached 2 state finalists in 2009/Members of 2009 State Championship Team

Speech and Debate Head Coach 2003-2006

Chaney High School, Youngstown, OH

- Coached 2 state finalists and a national qualifier in 2006
- Coached a state champion, state runner-up, and national qualifier in 2005
- Coached a state finalist in 2004

Substitute Teacher 2003-2005

Youngstown City School District, Youngstown, OH

Humanitarian Worker 2001-2003

St. James Parish, Medjugorje, Bosnia-Herzegovina

- Taught English language, music, and basic computer skills at Mother's Village, a foster home operated by the parish
- Developed, implemented, and instructed a course in Croatian language for non-native speakers
- Text edited and translated print items and live events for the parish
- Directed English language liturgical music for the pilgrim shrine at St. James

Speech and Debate Coach 1998-2000

John F. Kennedy Catholic High School, Warren, OH

- Coached a national qualifier in 2000 as head coach; three students who experienced formation on this team went on to qualify to nationals in 2001, 2002, & 2003

Speech and Debate Assistant Coach 1997-1998

Woodrow Wilson High School, Youngstown, OH

TRAININGS, KEYNOTES & RETREATS

Courses Authored & Presented:

20 Creative Mindfulness Interventions

A Crash Course in Self-Care for Paraprofessionals

A Complete Course in Trauma-Informed Treatment

Addiction Solutions: Treatment Beyond One Size Fits All

Assessing Older Adults for Substance Use Disorders

Beyond Client, Clinician, & Method: Enhancing Empathy in the Practice of EMDR (distance-based course)

Clinical Supervision: A Person-Centered Approach

Complementing Traditional Addiction Treatment with EMDR (distance-based course)

Creative Approaches to Trauma Treatment

Crisis Management Skills

Dancing Mindfulness: Healing Through the Art of Movement, Implications for Recovery

Dance, Movement, and the Expressive Arts in the Treatment Process

Demystifying EMDR

EMDR as a Referral Option

EMDR in the Clinical Setting

EMDR Made Simple

EMDR & Mindfulness: An Open Course for Both Orientation and for Honing Mindfulness Skills as EMDR Therapists

Finding Fun and Joy in Addiction Recovery

Grace of a Woman: Self-Care in the Overwhelm

Harmonious Healing: Music and the Recovery Process

Identifying Trauma in Older Adults

Incorporating Fundamentals of EMDR into Your Existing Clinical Practice, Parts 1 & 2

Introduction to Expressive Arts Therapy: Strategies for Trauma-Focused Care

(with separate supplementary courses for EMDR therapists)

Is There Really Such a Thing as Sex Addiction?

Recovery Literature in the Clinical Setting: A Crash Course for Addiction Professionals

Self-Care for Professionals

The Best Practices for Supporting Your Child Athlete

The Expressive Arts and the Helping Professions

The Mental Edge to Improved Skating Practice and Performance

Trauma 101/ Fundamentals of Trauma-Informed Care

Trauma and Addiction Interaction

Trauma, Addiction, & Grief

Trauma, EMDR, & Addiction: A Complete Course for Clinicians

Trauma, PTSD, & Traumatic Grief

Trauma and Mindfulness: Delivering Mindfulness-Informed Interventions in a Trauma-Informed Manner

Trauma-Sensitive 12-Step Recovery
Understanding and Treating Spiritual Abuse
Using EMDR with Children
Wellness Through Mindfulness: Breath, Movement, and Meditation

Retreats (Developed & Facilitated)

Grooving to St. Maarten Ladies Wellness Retreat (October 2012)

Trauma and the Twelve Steps: An Integrated Course in Recovery Enhancement (Weekend)

- Kripalu Center for Yoga & Health, November 30-December 2, 2012
- Esalen Institute, May 10-May 12, 2013; January 31-February 2, 2014

Weekend Mindfulness Retreats (with Maureen Lauer-Gatta, E- RYT-500)

- Spring & Autumn 2013; Spring 2014

Dancing Mindfulness Facilitator Training & Dance Retreat

- Puerto Rico (Rio Piedras-Caguas); November 7-9, 2014
- Ohio (Advanced Facilitator Training and retreat); April 24-26, 2015; now an annual retreat held every May

Expressive Arts Therapeutic Intensive Weekends

- Inaugural retreat launched Autumn 2017 in Warren, OH; planned now as an annual event

Women's Recovery Retreat Experience

- The Amrit Yoga Institute, December 2-4, 2015; October 28-30, 2016

CONFERENCE PRESENTATIONS

International-National

"The Mindful EMDR Therapist," workshop presentation (with Dr. Stephen Dansiger) at the EMDR International Association Annual Conference; Atlanta, GA, October 6, 2018

"Strategies for Working with Suicidal and High Risk Youth in the 21st Century," featured panelist/guest speaker at the EMDR International Association Annual Conference; Atlanta, GA, October 6, 2018

"The Dancing Mindfulness Approach to Expressive Arts Therapy for Trauma-Focused Care," featured workshop invited for presentation at International Expressive Arts Therapy Summit West; Los Angeles, CA, April 26, 2018

"Healing Shame with Expressive Arts Therapy," keynote presentation and supplemental workshop presented at the Vendome Summit for Clinical Excellence, Atlanta, GA, October 14, 2017

“Bisexual Clients and Oppressive Cognitions,” workshop presented at the National Conference on Addictive Disorders; Baltimore, MD, August 17, 2017

“Dancing Mindfulness: Master Class and Facilitator Training Intensive,” feature workshop presented at the 2016 International Expressive Arts Therapy Summit; New York City, NY, November 10-11, 2016

“The Mindful Therapist as Agent of Change,” keynote address at the Lowcountry Mental Health Conference, Charleston, SC (July 28, 2016); conference participation also included supplementary Dancing Mindfulness instruction and designation as an interviewing panelist for Dr. Irvin Yalom

“Creativity and Trauma Recovery,” conference keynote presented at the Healing Trauma, Addictions, and Related Disorders National Conference (Jack Hirose and Associates); Toronto, Ontario, Canada (November 6, 2015); Winnipeg, Manitoba, Canada (November 20, 2015); Richmond, British Columbia, Canada (November 30, 2015); supplementary *Dancing Mindfulness* instruction also offered as a conference event

“Dancing Mindfulness: A Creative Path to Meditation, Healing, and Transformation,” workshop presented at the 2015 International Expressive Arts Therapy Summit; New York City, NY, November 7, 2015

“Healing Spiritual Abuse with EMDR Therapy,” workshop presented at the EMDR International Association Annual Conference, Philadelphia, PA, August 30, 2015

“Spiritual Abuse: The Missing Link in Recovery Services,” workshop presented at the National Conference on Addictive Disorders, St. Louis, MO, August 4, 2015

“The Resolution of Trauma,” talk given as part of the Recovery 2.0 International Online Conference, facilitated by Tommy Rosen, presented February 11, 2015

“Trauma and the 12 Steps: Clinical Keys for Enhancing Recovery Services,” workshop presented at the 3rd Evolution of Addiction Treatment Conference, Los Angeles, CA, February 7, 2015

“Dancing Mindfulness: A Trauma-Informed Practice for Healing the Brain Through Mindful Movement,” workshop presented at the International Society for the Study of Trauma and Dissociation (ISTSSD) Annual Meeting, Long Beach, CA, October 25, 2014

“Dancing Mindfulness: Insights for Enhancing Recovery Services,” workshop accepted for presentation at the NAADAC National Conference, Seattle, WA, September 30, 2014 (unable to attend due to personal commitments)

“Be Here Now: Enhancing Recover Services with Mindfulness-Informed Interventions,” workshop presented at the National Conference on Addictive Disorders, St. Louis, LO, August 24, 2014

“Trauma, EMDR, & Addiction: A Complete Course for Addictions,” special course commissioned and delivered for EMDR Brasil Winter Meeting, Brasilia, Brasil, July 25-27, 2014

“Dancing Mindfulness: A Community Practice for Facilitating Wellness,” workshop presented at the NAADAC National Conference, Atlanta, GA, October 13, 2013

“Dancing Mindfulness: A Gateway to Healing and Coping in the Recovery Process,” workshop presented at the National Conference of the American Mental Health Counselors Association, Washington, D.C., July 20, 2013

“Healing the Wounded Healers: Extending Trauma-Informed Care to a Traumatized Field” (with Dan Griffin), pre-conference workshop at the Evolution of Addiction Treatment Conference, Los Angeles, CA, February 7, 2013

“Dancing Mindfulness: Healing Trauma and Addiction with Spirituality and Dance,” workshop presentation at the NAADAC National Conference, Indianapolis, IN, August 13, 2012

“Beyond Client, Clinician, & Method: Enhancing Empathy in EMDR Therapists,” workshop presentation, EMDR Canada Annual Conference, Montreal, QB, Canada, April 28, 2012

“JourneyDance™: A Complete Experience in Bilateral Stimulation for EMDR Professionals,” workshop presentation, EMDR Canada Annual Conference, Montreal, QB, Canada, April 27, 2012

“JourneyDance™ and Therapeutic Movement: Implications for Healing Professionals,” workshop presentation, the Annual Conference for the Society of Humanistic Psychology (APA), Pittsburgh, PA, March 30, 2012

“Using EMDR as a Complement to 12-Step Recovery,” workshop presentation, EMDR International Association Annual Meeting, Minneapolis, MN, October 4, 2010

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Clinical Applications Based on Phenomenological Inquiry,” workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

“Musical Interweaves in EMDR Treatment,” workshop presentation, EMDR Canada Annual Conference, Toronto, Ontario, Canada, May 1, 2010

“Using EMDR-Related Techniques in Crisis Intervention,” workshop presentation, Argosy University Sarasota’s Annual Symposium on Traumatic Stress, Sarasota, FL, February 2010

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry,” workshop session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

“What Makes a Good EMDR Therapist?: Insights from Client-Centered Inquiry,” poster session, EMDR International Association Annual Conference, Atlanta, GA, August 27-29, 2009

“Using EMDR to Treat Co-Occurring Traumatic Stress and Substance Use Disorders,” workshop session, Argosy University Sarasota’s Annual Symposium on Traumatic Stress, Sarasota, FL, February 26-28, 2009

“ Eye Movement Desensitization and Reprocessing (EMDR) in the Addiction Continuing Care Process: Case Study of a Cross-Addicted Female’s Treatment and Initial Recovery Experience,” poster session, September 12-14, 2008, EMDR International Association Annual Conference, Phoenix, AZ- **First Place Winner, Outstanding Research Poster**

“Perceptions of EMDR in the Clinical Setting: Case Study of a Northeastern Ohio Agency,” poster session, September 28-30, 2007, EMDR International Association Annual Conference, Dallas, TX

“Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase II,” paper session, National Conference of the American Sociological Association in San Francisco, CA, August 1998

“A Generic Advantage?” Presented at the International Science and Engineering Fair in Tucson, AZ, May 1996

State

“Introduction to Expressive Arts Therapy: Addiction Healing Strategies,” workshop presented at the Addiction Studies Institute, Columbus, OH, August 5, 2017

“The Recovery *Movement*: Dancing Mindfulness, Y12SR, and Yoga Unchained in the Recovery Process,” workshop presented at the Addiction Studies Institute, Columbus, OH, July 22, 2016

“DBT & the 12 Steps: Complementary Recovery Paths,” workshop presented (with Rachel Weaver) at the Addiction Studies Institute, Columbus, OH, August 11, 2015

“Spiritual Abuse: The Missing Link in Recovery Services,” workshop presented at the Addiction Studies Institute, Columbus, OH, August 12, 2015

“Be Here Now: Mindfulness in the Treatment of Addictive Behaviors,” workshop presented at the State of Ohio Problem Gambling Conference, March 5, 2015, Columbus, OH

“EMDR & Addiction: Update and Insights,” conference workshop presented at the Addiction Studies Institute, August 7, 2014, Columbus, OH

“Live in the Now: Enhancing Recovery Services with Mindfulness, conference workshop presented at the Addiction Studies Institute, August 6, 2014, Columbus, OH

“From Trauma to Resilience: Dancing Mindfully into Living as a Dream Catcher, workshop presented (with Paschal Baute, Ed.D.) at the annual Ohio Psychological Association Union of Spirituality & Psychology Retreat, March 1, 2014, Loudonville, OH

“Healing Trauma and Stressor-Related Disorders Through Mindfulness,” pre-conference workshop presented at the All-Ohio Counselors Conference, November 6, 2013, Columbus, OH

“Dancing Mindfulness: Implications for Creativity and Movement in the Counseling Arts,” presented at the All-Ohio Counselors Conference, November 7, 2013, Columbus, OH

“Dancing Mindfulness: An Integrated Practice for Wellness,” workshop presented (with Abbey Carter Logan, MA, LPCC-S, CDCA) at the annual meeting of the Ohio Psychological Association, November 2, 2013, Columbus, OH

“Live in the Now: Mindfulness Basics for Enhancing Addiction Recovery,” presented at the Addiction Studies Institute, August 2, 2013, Columbus, OH

“Dancing Mindfulness: Healing with Movement and Spirit,” workshop presented at the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 23, 2013, Mt. Sterling, OH

“Trauma and The Twelve Steps: Clinical Keys for Recovery Enhancement,” presented at the All-Ohio Counselors Conference, November 1, 2012, Columbus, OH

“Dancing Mindfulness: Implications for Addiction Healing and Treatment,” presented at the Addiction Studies Institute, August 22-24, 2012, Columbus, OH

“Trauma-Sensitive Addiction Treatment Principles,” presented at the Addiction Studies Institute, August 22-24, 2012, Columbus, OH

“JourneyDance™: Implications for Healing Professionals,” workshop presentation, the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 3, 2012, Loudonville, OH

“Principles of Spiritual Abuse,” presented at the Ohio Psychological Association’s Union of Psychology & Spirituality Retreat, March 3, 2012, Loudonville, OH

“Trauma-Sensitive 12-Step Recovery,” workshop presentation at the Addiction Studies Institute, August 18, 2011, Columbus, OH

“Using EMDR to Overcome Roadblocks in Addiction Recovery: Insights from Phenomenological Inquiry,” workshop session at the All Ohio Counselors Conference, November 5, 2009, Columbus, OH

“EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress,” workshop session at the Bridging the Gap to Recovery Services Conference, September 14, 2009, Cleveland, OH

“EMDR: An Emerging Approach in the Treatment of Co-Occurring Addiction and Traumatic Stress,” workshop session, Addiction Studies Institute, August 20, 2009, Columbus, OH

“EMDR in the Clinical Setting: Assessing Appropriateness for Referral or Collaboration,” workshop session, All Ohio Counselors Conference, November 5-7, 2008, Columbus, OH

“Efficacy and Effectiveness of Non-Steroidal Anti-Inflammatory Drugs: An Examination of Modern Trends in United States Figure Skaters.” Presented at the Ohio Science and Humanities Symposium in Toledo, OH, April 1997

Local

“Healing Trauma, Healing Community, Healing the World,” special talk presented at TEDx Youngstown, OH, January 23, 2015

“Trauma and Addiction,” workshop session at the Mahoning County Alcohol and Drug Addiction Services Board Drug Regional Summit, Youngstown, OH, November 13, 2009

“Is There Really Such a Thing as Sex Addiction?,” workshop session, Mahoning County Alcohol and Drug Addiction Services Board Drug Summit, Youngstown, OH, November 21, 2008

“The Immigrant Experience of Croatians in the Mahoning Valley,” lecture, presented at the monthly meeting of the Ohio Cultural Alliance, Youngstown, OH, December 6, 2004

“Nellie and Patsy in America: A Theatrical Exploration of Women in Baseball.” Presented at QUEST '99 Conference at Youngstown State University, April 1999- **Winner of the 1999 Dean's Quest Award for Outstanding Research in the Arts & Sciences**

“Race Relations on the Silver Screen: An Examination of the Historical Roles of African Americans on Film, Phase I.” Presented at QUEST '98 Conference at Youngstown State University, April 1998- **Winner of the 1998 Dean's Quest Award for Outstanding Research in the Arts & Sciences**

PUBLICATIONS & PRODUCTIONS

Books

Marich, J. & Danisger, S. (2017). *EMDR therapy & mindfulness for trauma-focused care*. New York: Springer Publishing Company.

Marich, J. (2015). *Dancing Mindfulness: A creative path to healing and transformation*. Woodstock, VT: SkyLight Paths Press.

Marich, J. (2014). *Trauma made simple: Competencies in assessment, treatment, and working with survivors*. Eau Claire, WI: PESI Education & Media.

Marich, J. (2013). *Creative mindfulness: 20+ strategies for wellness & recovery*. Warren, OH: Cornersburg Media/Mindful Ohio.

Marich, J. (Ed.) (2013). *The psychology of women: Diverse perspectives from the modern world*. Hauppauge, NY: Nova Science Publishers.

Marich, J. (2012). *Trauma and the twelve steps: A complete guide to enhancing recovery*. Warren, OH: Cornersburg Media.

Marich, J. (2011). *EMDR made simple: 4 approaches for using EMDR with any client*. Eau Claire, WI: Premier Education & Media.

Marich, J. (2010). *EMDR in addiction continuing care: A phenomenological study of women treated in early recovery*. Saarbrücken, Germany: VDM Verlag.

Book Chapters

Marich, J. (2017). Transforming life style with dancing mindfulness and the expressive arts (Adlerian intervention). In *Integrating the expressive arts into counseling practice: Theory-Based interventions*; pp. 24-25. Degges-White, S. & Davis, N. (Eds.), Springer Publishing.

Marich, J. (2016). EMDR therapy and the recovery community: Relational imperatives in treating addiction. In *Cultural competence and healing culturally based trauma with EMDR therapy: Innovative strategies and protocols*. Nickerson, M. (Ed.), Springer Publishing.

Marich, J. (2013). Using Eye Movement Desensitization and Reprocessing (EMDR) in Addiction Treatment with African American Women: A Case Series. In *The psychology of women: Diverse perspectives from the modern world*. J. Marich (Ed.), Nova Science Publishers.

Scholarly Articles

Wise, A. & Marich, J. (2016). The perceived effects of standard and addiction-specific Eye Movement Desensitization and Reprocessing (EMDR) therapy protocols. *Journal of EMDR Practice and Research*, 10(4), 231-244.

Marich, J. & Howell, T. (2015). Dancing Mindfulness: A phenomenological investigation of the emerging practice. *Explore: The Journal of Science and Healing*, 11(5), 346-356.

Marich, J. (2012). What makes a good EMDR therapist?: Exploratory clients from client-centered inquiry. *Journal of Humanistic Psychology*, 52(4), 401-422.

Marich, J. (2010). EMDR in addiction continuing care: A phenomenological study of women in recovery. *Psychology of Addictive Behaviors*, 24(3), 498-507.

Marich, J. (2010). Review of *I Love a Man in Uniform*. *Journal of EMDR Practice and Research*, 4(2), 93.

Marich, J. (2009). EMDR in the addiction continuing care process: Case study of a cross-addicted female's treatment and recovery experience. *Journal of EMDR Practice and Research*, 3(2), 98-106.

Marich, J. (2009, April 30). Perceptions of EMDR Amongst Practicing Clinicians. *Ohio Journal of Professional Counseling*. Retrieved from <http://www.ohiocounseling.org/journalofprofessional.htm>

Documentaries & Media

Tabbara, K. (Producer) & Marich, J. (Director and Executive Producer) (2013) *Dancing Mindfulness: LIVE* [Educational Instruction Video]. Warren, OH: Mindful Ohio.

Curran, L. (Director). (2012). *EMDR & beyond: The trauma power therapies* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich is interviewed as a contributing expert.

Curran, L. (Director). (2012). *Trauma treatment for the 21st century* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich appears as one of 8 “master clinicians” in this documentary to discuss trauma treatment. Other panelists include Bessel van der Kolk, M.D., Stephen Porges, Ph.D., Robert Scaer, M.D., Peter Levine, Ph.D., Janina Fisher, Ph.D., Belleruth Naparstek, and Babette Rothschild

Curran, L. (Director). (2012). *Recommended trauma treatment modalities* [Educational Documentary]. United States: Premiere Education & Media.

- Dr. Marich appears as the EMDR expert in this video, along with Belleruth Naparstek and Janina Fisher, Ph.D. who discuss their primary modalities

Musical Recordings

Marich J. (Primary Artist). (2012). *Grace of a Woman* [Musical Sound Recording]. United States: Cornersburg Media.

Marich J. (Primary Artist). (2004). *Under my Roof* [Musical Sound Recording]. United States: Cornersburg Records.

Marich J. (Primary Artist). (2002). *Give us Your Peace* [Musical Sound Recording]. Bosnia-Herzegovina: 14-Step Productions.

ADVOCACY & COMMUNITY ACTIVITIES

Board of Advisors, Healing Tree Non-Profit for Trauma Recovery, August 2016-

Wisdom Council/Advisory Board Member, Abbey of the Arts, July 2016-

Board of Directors, Take 12 Radio, February 2015- July 2015

Host, *Recovery Matters* talk radio program, VoiceAmerica Radio Network Health & Wellness Channel (www.voiceamerica.com), November 2010- February 2011

Peer reviewer, *Journal of EMDR Practice and Research*, 2009-2010; occasionally still used as consulting reviewer

Follow-Up Consultant, EMDR Basic Training Workshops, offered through EMDR Humanitarian Assistance Programs: 20 volunteer groups offered to date

EMDRIA Regional Coordinator, Northeast Ohio, 2008-2009

Keynote Speaker, 2008 Sojourner House (Domestic Violence Shelter) Memorial Vigil

Logistics Coordinator, EMDR Basic Training Workshops, offered through EMDR Humanitarian Assistance Programs at Youngstown State University for local, non-profit clinicians: May 13-15, 2008; August 18-20, 2008; May 13-15, 2009; November 11-13, 2009

Capella University Ambassador, 2007-present

Challenge Master, Destination Imagination (gifted youth program) Region 1, 2008 Regional Tournament

L I C E N S U R E

Professional Supervising Clinical Counselor (License #E.05000149-SUPV)

State of Ohio

Expires 1/18/2016

Licensed Independent Chemical Dependency Counselor-Supervisor (License #061001)

State of Ohio

Expires 6/13/2016

P R O F E S S I O N A L M E M B E R S H I P S & A F F I L I A T I O N S

Organizational Member (Institute for Creative Mindfulness), International Expressive Arts Therapy Association, 2015-

Member & Organizational Member (Institute for Creative Mindfulness), NALGAP: The Association of Gay, Lesbian, Bisexual, and Transgender Addiction Professionals and Their Allies, 2015-

Associate Member, American Dance Therapy Association, 2012-2013

National Association of Alcohol, Drug Abuse, and Addiction Counselors, 2011-2014

The International Center for Clinical Excellence, 2010-present

Eye Movement Desensitization and Reprocessing International Association (EMDRIA), 2007-present

- Current professional level member
- EMDR Certified Therapist, Approved Consultant & Training Provider

American Academy of Experts in Traumatic Stress, 2008-2011

The American Counseling Association (ACA), 2005-2006; 2008-2010

The Ohio Counseling Association, 2008-

The National Forensic League, 1995-2006

The United States Figure Skating Association (USFSA), 1992-2000; 2010-

The University Scholars and Honors Program, 1997-2000

The Clarence P. Gould Society (equivalent of Phi Beta Kappa), inducted 1998

Phi Kappa Phi Honor Society, inducted 1998

Golden Key International Honor Society, inducted 1998
Phi Alpha Theta National History Honor Society, inducted 1998
The American Sociological Association, 1997-1998
The Ohio Academy of Science, 1995-1997
The Croatian Fraternal Union of America, 1979-present

A W A R D S

NALGAP: The Association of Gay, Lesbian, Bisexual, Transgender Addiction Processional and Their Allies, President's Award, August 2015

Outstanding Research Poster (1st Place Winner), EMDR International Association Annual Conference; Phoenix, AZ, September 2008

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences, Youngstown State University, 1999

Dean's Quest Award for Outstanding Student Research in the Arts & Sciences, Youngstown State University, 1998

V O L U N T E E R E X P E R I E N C E

Various organizations in Bosnia-Herzegovina	2000-2003
• St. James Parish, Voluntary Optometric Services for Humanity, Listen4Life, Miracles	
The English Center, Youngstown, OH	1997-1998
• Instructed basic English as a volunteer project	
North Junior High School Gifted and Talented Program, Youngstown, OH	1997-1998
• Prepared eleven students for local and state history competitions	

T E C H N I C A L & A R T I S T I C S K I L L S

- filmmaking, directing and editing skills (extensive presence on YouTube with teaching videos)
- computer skills (MS Office programs and basic web design)
- language experience (functional use of Croatian/Bosnian/Serbian languages in all media, rudimentary use of Spanish, Italian, and German)
- musical composition (composed over 50 songs) and freelance performance, musical performance (guitar/violin/mandolin/Croatian folk instruments/vocal)
- liturgical music facilitator/cantor/song leader
- theater and performance (involvement with a variety of performing arts media since age 3, from Croatian folk ensemble, to full-scaled theatrical production; experience with directing, writing, producing, and composing)

REFERENCES AVAILABLE UPON REQUEST